

THE SEVENTH MISSILE

Hi !

June 2005

This will be the last of the last copy of the Missile to be mailed, but we want to do it one more time, because we need all of our army including the 460 without emails. We can't fight this battle without you.

Please try and find a neighbour, a school or a member of your family who wouldn't mind receiving an email for you once a month. Please let us know your email address by sending it to barbarapheloung@movetolearn.com.au.

The research we are doing is too important and we need all soldiers on duty.



Barbara Pheloung

The Secrets Of The Audiogram

The secrets of the audiogram have suddenly been revealed to me by one of my colleagues. It has provided an insight into its owner's body. Let's learn more together!

We need to gather a number of copies of audiograms along with a half-page description of the learning and health problems of each person. I would like to gather as many as possible so my colleague can show us how to read these audiograms - finding out so many more things than just about the ears.

When we learn this expertise we will describe it to you, either in another missile or on the Move To Learn web site. Come on army! This particular battle is about freedom of information. We will soon know more than the professionals themselves.

Movement In The Classroom

Are there any more classroom teachers willing to take part in our current research on the necessity of movement to facilitate academic learning in third term of this year? Or do you know someone that might be interested? It could be the school that your children attend, so pass the information on to them. Please refer back to May's Missile or the web site. Send your name in to barbarapheloung@movetolearn.com.au as soon as possible.

Movers And Shakers Helping Others

Any more volunteers for the page 'schools' on the Move To Learn Website www.movetolearn.com.au . You can access this page from the Home Page.

Introducing The Forum

Who is going to be the first one to make a comment or ask a question on our new page called the forum? It is just under the logo on the left hand side of the home page. Why don't you check it out?

Web Site

Here is a good optometric site for referral and information. www.optometrists.org.

Our Final In-depth 5 Day Seminar On Learning Difficulties In Manly.

The alternative title would be
"How To Get Schools on the Floor."

We had a full complement of 12 teachers, counsellors, teacher aides and a Head Mistress. 5 Days 9:30-4:30. Presenters were;

Veronica Steer- the Occupational Therapist of Adelaide who co-led the seminar. She taught us all so much and we couldn't have run the seminar without her.

Marilyn Dyson- a medical practitioner, unusually knowledgeable about Food Intolerance, Sound Therapy and Diet. She practises in Pymble, Sydney

Jeff Morrison- Osteopath who has his practice in Neutral Bay. He lectures at the RMIT (Royal Melbourne Institute of Technology) and is also well known as a gifted horse doctor.

Shanagh Sangster- who has a practice in Waitara, NSW using Kinesiology, Sound Therapy and dealing effectively with primitive reflexes.

Sue Larter- Who is one of the better known Behavioural Optometrists. She has a practice in Pennant Hills. She uses light therapy and has done a thesis titled "Spatial Load Factor In Prediction Of Reading Performance." AND Myself.

We also visited Berowra Waters Christian Community School to observe the kindergarten class taking part in a movement program under the capable leadership of Mrs. Jodi Vagan. We all admired her manner with the children and her courage for doing it in front of us.

Purpose

The purpose of the seminar was to learn and discuss in depth the scientific knowledge presented which underpins all our work with those who have difficulties learning because of neurological immaturities - those with LD, ADD, ADHD, Aspergers, Autism, etc.

The group we were training needed to be confident enough of the neurological implications of all these conditions in order to teach the communities from which they came. We must be able to know all of this background so well that we can teach and lead others in a simple, understandable way. To this end we spent a fair bit of time learning and practicing the movement sequences using the video/DVD as you would in a classroom.

Plastic runners were put over the carpet to prevent carpet burn and we went up and down the hall and lounge of my home.

We all learned from Veronica what each movement was doing, which retained primitive reflexes were being addressed, and which helped with the integration of the two sides of the body and brain.

We learned they had to be done for 10/15 minutes a day 5 days a week. They need to be done SLOWLY and in the same order as in the video/DVD. We also learned that we don't go on to the next one until most of the class can do it automatically. However, we can introduce our students to the next one briefly when it could act as a positive challenge.

We were reassured that the students who could do them easily and well would not mind keeping on doing them because they enjoyed being good at them and also felt really good with the practice. It is very enervating.

The students who were still finding it difficult after most of the others had achieved were also the ones the teachers were worried about academically. The parents could buy their own video/DVD to do at home or the parents could take their child to an Occupational Therapist or Physiotherapist who was experienced with children. In this way the movement sequences actually are an assessment as well and have really helped teachers to understand why their strugglers struggle.

Thanks once again for reading this, till next time.



Barbara Pheloung

Our Attendees getting onto the floor and doing the movement sequences. They had partners to help them.



Feedback From An Attendee -The Final Seminar...

Dear Barbara,
I want to thank you so very much for allowing me to be part of this incredible seminar. My mind has not stopped going over it all, day and night. I fear I may become a pain in the bum, telling everyone I talk to as much as I can about my experiences!

So as I can share the information in an accurate and informing manner, I am preparing a presentation to present at my next staff meeting, as well as to my family and interested friends. I will further present it to my children's parents whom I tutor and hope they will allow me to teach them how to do the program at home. I am so excited about it all.

My nephew, who is 5 years old has had some major problems. He was born prematurely and needed major surgery on arrival. He was then incubated for months and required oxygen and tube feeding for years. Poor little man has gone through so much and has missed, entirely, many developmental stages. I am going to do a base test on him (which I will design myself so as it will be age appropriate) and then teach my brother and his wife how to do the movement program. After 6 weeks I will reassess him. I will let you know the results.

When I blurted out as much as I could to my husband when I got home Friday night, he came up with the most wonderful analogy. He said "It sounds like when a person has a spinal injury and they have exercises, it helps. If you or I did these same exercises it would help our muscles too. It is like building up brain and body function and strength." I liked that.

I hope to get the program started here in my own home with all my family.

Thank you again.
Best wishes
Louise

For more information on books, DVDs and other material please visit our website: www.movetolearn.com.au

