



MISSILE / MISSIVE



Letters From The Editor

September 2005

I really love getting feedback from my Missile as well as interesting bits of info which I can then pass on.

Two of our readers have recently commented on my use of war like language and I want to sincerely thank them for taking the interest and trouble to make these comments. I always like constructive suggestions.

I therefore apologise if I have in any way appeared bloody or terroristic. I agree that this is not the right climate for such talk. I will tone down my anger.

But I must explain that my anger is righteous. I can't help getting upset at the thought of at least 1/5 of our civilian population confined behind the bars of ignorance. Most of what we are doing about those with LD is like giving an extra ration of lollies to a diabetic or beautiful books to a non-reader. And they are often asked to stand up with their problems all showing, feeling so embarrassed and vulnerable. Or made to sit still while being bombarded by loud unbearable sounds and their skin being irritated. It can be torture and not appropriate. This makes me want to fight to do everything I can to change this even though I am a woman of 81 years. Please forgive me and join me.

Letter To The Editor

From Deborah Hoffman

Great Missile and great article in e-bility. I have one comment though that Accredited Practicing Dietitians do specialise in Nutrition Management in Learning Disorders - Food Allergy/Intolerance assessment. They are members of the DAA allergy SIG and can be accessed by find -a - APD on the web <http://www.daa.asn.au> and requesting the criteria. Just a plug for my profession...

PLEASE.....

- ⇒ Send the Missile to anyone that you think may be interested, or should have a copy
- ⇒ Volunteer to receive it for someone you know who doesn't have access to email
- ⇒ Think of ways that we could be more effective, and let us know.

Please note:

We will not sell, rent or otherwise disclose your details to any third party without your explicit permission.

Winsome Richards at the time from Kalgoorlie writes of one of the results of their Commonwealth Literacy Program, which included a large segment of movement.

When speaking to the Year 8 boys in the first CLP program I discovered that more than 50% had tinnitus. I was explaining to them about the effects of allergies and when I mentioned the noises in the ears one boy said, "I've got that, it just sounds like the noise the TV channel makes when they close down and the TV is still turned on". The teacher then asked the rest of the class if they had anything like this and 50% had similar symptoms and they didn't realize that it was not normal. How many more children have the same problem? One of the boys in week 9 of the first program was able to state that his grades had gone from "down there to up here" and he had also stopped stuttering.

BALANCING THE BRAIN FOR EASE OF SPELLING & HAND WRITING

I met a man the other day, we started talking and I was sharing with him about learning difficulties. This man proceeded to tell me how he had failed right through high school till his final exam because he couldn't take notes, read well or handwrite quickly enough.

At his trial exam, which he wrote himself, his marks were 120 out of 500. It was very obvious to everyone that he was much smarter than this and so his mother persuaded the Department of Education to allow him to have a 'writer' - the very first time this happened in NSW. With this help but without being able to use any notes for studying, the results of his final exam, a few weeks later, was 325 out of 500.

The most interesting thing however, is that for some unknown reason to him, he recently grabbed a pen with his right hand although he has mixed dominance (confused). He usually wrote with his left hand, but instead, he used his right hand this particular time, and he noticed he had no confusion between his 'b s' and 'd s'.

And since then he has realised that when he writes with his right hand he has no trouble with spelling and never has to 'second guess' the spelling of any word. I can remember this same thing happened thirty years ago to a young girl who wasn't sure if she wanted to continue using her left hand to write or whether she would try out with her right hand. Her handwriting was hard to read and stressful.

I'm not suggesting that this is a magic cure for spelling and handwriting problems. But maybe it would help those who were on the pyramid of learning at the integration of the two sides of the brain level. If all the information from the senses was accurate then this method of balancing the brain might be tried.

NEW BOOK

Barbara's new book titled 'School Floors' will be ready for next year.

This will complete the package for schools. The book describes the journey of Barbara and her associates in arriving at the movement sequences which frees children to learn. The book describes in detail how the movement sequences can be introduced into any school or home, with little cost or need for training.

THE RESEARCH

Our teachers are now in their seventh week of the research that Move to Learn is doing through the University of Sydney. The classroom participants have started the movement program exercises and have handed in two 'Pre/Post Tests' so far.

We even have two classrooms from the USA and one from South Africa participating. We are looking forward to receiving the feedback of the movement program in the schools. Congratulations to our teachers who are doing a wonderful job.

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NEW VEGETARIAN & NATURAL

This is an excellent magazine. In The current Spring 2005 Issue there is a great article on ADHD & ADD by a US Paediatrician Dr Lendon Howard Smith.

Natural Health Society of Australia (NSW) Inc
Email info@naturalhealth.org.au

Till next time,
thankyou for reading,

Barbara Pholeung

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and other material please visit our
website:

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