



Letter To The Editor

November 2005

INPP

We received an email from one of our “parents” regarding Neuro-Physiological Psychology:

I thought you'd be interested to know that I followed up on your recommendation and recently attended a one-day teacher's course at INPP in Chester where they trained teachers on a school program they have developed. Perhaps the main thing I gleaned from the day was the importance of going SLOW, SLOW, SLOW, for maximum benefit to the nervous system.

Sally Goddard Blythe pointed out that when the children can go slow “and it might take a while” that it means that they are in control. I thought it may be a tip you might want to include in your newsletter sometime. Sally is getting some extremely positive results from her school program. She also told us of a large study with some government schools using her program which is almost complete. Although because of legal reasons she was unable to give us exact details, she did say that the study has already exceeded her expectations and to keep checking the INPP website for the results. I figure it is more back-up data to support our cause - the more the better!!

Robyne Butler

So Who Are They, And What Do They Do?

The Institute for Neuro-Physiological Psychology (INPP) offer a completely drug-free and non-invasive treatment which can help certain children with specific learning difficulties. Further details at:

<http://www.inpp.org.uk/>

Iodine Deficiency In Young Study

Did you know that 20% of children in NSW and Victoria are mildly iodine deficient? This condition can affect their learning, hearing and growth.

Found naturally in seafood, milk and added to iodised salt, iodine is necessary for the production of healthy thyroid hormones. During pregnancy, a deficiency can seriously affect development.

But the problem is that we don't eat enough seafood and less than 10 percent of the population use iodised salt. Milk, the other major source of iodine has changed over time.

Specialists say iodine deficiency is so common in Australia it's a serious threat to our next generation of children. They're calling for the mandatory addition of iodine to all salt, and for all pregnant and breast feeding women to take iodine supplements.

“Well over 100 countries have followed the World Health Organisation's recommendation that all salt for human consumption should be iodised,” says Professor Cres Eastman, from the Australian Thyroid Foundation.

Jabadao Conference on Developmental Movement Play

The National Centre for Movement Learning and Health is a charity that works in partnership with the education, health and social care sectors to create more opportunities for people to get involved in movement activities that promote health, learning and wellbeing.

Over the last three years, JABADAO (in the UK), in partnership with fourteen Early Years settings, has led a research project into the significance of early movement play for future learning and health.

They are holding a conference to present the findings of the participating Early Years practitioners, centre managers, health practitioners and movement specialists, offering insight into the value of developing new opportunities for child-centred, spontaneous movement play.

The conference will finish with a series of evidence-based recommendations for the development of Early Years practice across all settings supporting babies, young children and parents.

“We’re one of the few countries in the world that isn’t doing this.”

Source, and links:

<http://www.smh.com.au/articles/2004/04/08/1081326835172.html>

<http://news.ninemsn.com.au/article.aspx?id=62763>

The Sense Of Smell - The Most Basic Way The Brain Learns

This is the only sense that goes directly to our brain and it is involved in our most basic emotional memories. Therefore we need to be sure that it is doing its job.

If the LD person you care about doesn’t have a good sense of smell this can be stimulated by drawing their attention to different odours, encouraging them to identify smells while blindfolded etc.

We sometimes found while teaching LD children that doing this kick-started the other senses into more accurate activity. All that our mind knows about the world comes through our senses.

Key speakers are:

- Professor Tina Bruce, Roehampton University, UK
- Penny Greenland, Director of JABADAO, UK
- Bette Lamont, Director of the Developmental Movement Centre, Seattle, USA

Further details at:

<http://www.jabadao.org/conference.html>

Bette Lamont is also involved with New Dimensions. You can hear the most recent New Dimensions radio programs on the Australian Broadcasting Corporation (ABC) site at:

<http://www.abc.net.au/rn/talks/newdim/>

Barbara’s New Book “School Floors” Nears Publication

The personal story of Barbara’s search for a simple way to open up learning through neurological pathways for everyone - even those who didn’t know that their problem was LD.

Getting it into all schools - no extra equipment or training required.

ADDults with ADHD Seminar

ADDults with ADHD are holding an afternoon seminar on Saturday 3 December on “ADHD, Christmas, and Impulse Control”

The Speaker is Dr. Carline Stevenson, Psychologist, ADHD Clinic, NSW Institute of Psychiatry.

More details at:

<http://www.add.org.au/>

Increased understanding of people with LD taking exams - from James Cook University

<http://www.jcu.com.au/asd/edge/previous/issue10/story14.shtml>

Old Books To Third World/Needy

We have a quantity of “Help your Child to Learn” & “Help your Class to Learn” books available from the previous printing. These books are identical to the current ones apart from the fact that they have an older, slightly less attractive cover.

We’re looking for contacts to less fortunate countries who would be willing to receive & distribute a gift of these books.

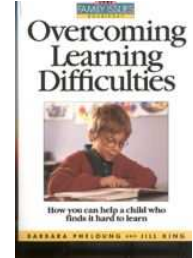
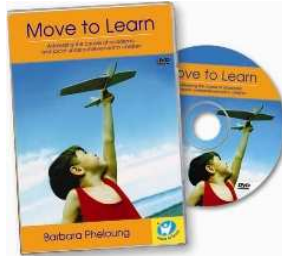
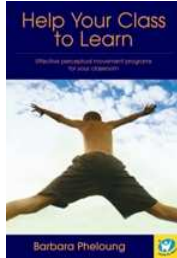
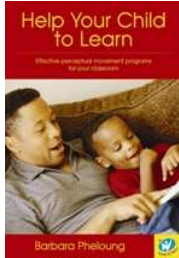
One of our “tribe”, Carol Hewitt, arranged for some to go to Uruguay, where they were distributed. Carol has since heard that they have been used to good effect. We’ve also sent some to Malaysia for similar purposes.

Till next time,
thankyou for reading,



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www.movetolearn.com.au



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