



enabling every  
child to learn



► OUR VISION IS TO ENABLE  
EVERY CHILD TO LEARN TO  
HIS OR HER FULL POTENTIAL



► OUR MISSION IS TO MAKE  
THE *MOVE TO LEARN*  
MOVEMENT SEQUENCES  
AVAILABLE TO EVERY CHILD  
IN EVERY CLASSROOM

○ May

○ Missile

○ 2008

# Missile *e-mail*

## Move to Learn Distributers

With increasing global interest, Move to Learn is heading in a slightly new direction. Rather than holding on to everything here in our Sydney office, we have welcomed on board some very precious people who have agreed to join with us in vision & in goal. We'd like to formally introduce them to you now:



**Mahati Belnick** is an Educational Kinesiologist & she is our distributor for Move to Learn products in the Indian languages. Born in India, but now based primarily in Australia, she has translated the booklet 'Ten Gems for the Brain' into Urdu, Tamil & Telugu & is working on a Hindi version. She is the only person those versions can be purchased from, so if anyone anywhere in the world wants a Tamil, Telegu or Urdu translation of Ten Gems, they can get it from her. (see our [website](#) for contact details) Mahati would love to hear from anyone interested in supporting her work in India either financially or in person.



**Suzanne Day** is a Canadian Neuropsychologist who specializes in learning & attention span inefficiencies. She is certified with the BCIA in neurofeedback & the quantitative EEG, & she has offered to be our distributor of English Move to Learn products for Canada & the United States! This is a huge help. Canadians & Americans can save on postage & time with Suzanne. Learn more about Suzanne on our [website](#).



**Susanne van Niekerk** is our distributor for Move to Learn products that have been translated into the African languages. She has translated 'Ten Gems for the Brain' into Zulu & is presently working on a Xhosa translation. Contact her if you are interested in obtaining a copy in any of these translations. (see our [website](#) for contact details). Susanne is also a regional distributor of English Move to Learn products in South Africa.

Susanne is a qualified Integrated Learning Therapy practitioner, Audiblox tutor, THRASS (Teaching Handwriting, Reading & Spelling Skills) tutor & a Montessori Teacher Trainer.

# WELCOME!!!!

## Something Short From Susanne van Niekerk:

I was introduced to the Developmental Movement Sequences whilst training as an ILT (Integrated Learning Therapy) practitioner. During this time, Barbara was busy with the research project & I immediately volunteered my school, Little Learners Montessori Preschool in Hillcrest, South Africa, to be part of the research in 2005.

We embarked on the project with gusto & were absolutely amazed at the results that were so quickly evident in the children. Body images quickly took shape, classroom behaviour settled & spatial concepts soared. For the first time ever, we ran out of 100+ piece puzzles for our 5 year olds to complete!! Having seen the success that we had in our school, I



I decided to turn part of the ILT theory & the Move to Learn developmental movement sequences (with Barbara's blessing!) into a Teacher Training Workshop in order to be able to reach more children. This workshop has since been run with great success all around South Africa, in Swaziland & in the United States. All the teachers that have been part of the training programme have commented very favourably on the effectiveness of the movement programme & have reported great successes in their children's progress.

Some of the most amazing experiences I have had was to take the training programme into the rural areas of South Africa & Swaziland. Here we found that not only the children, but also the adults have severe proprioceptive inefficiencies (possibly as a result of being carried on their mother's backs for most of their early childhood years?) resulting in poor midline crossing abilities, delays in the development of dominance & directionality. Some of the children are so severely affected that they are unable to draw a face without changing hands to add the eyes & ears on both sides of the face; & some of the adults are so severely challenged that they are unable to achieve any of the cross lateral activities in the sequence!

After a period of MtL activities, the teachers have reported that both they & the children in their care have made tremendous progress. We are currently working on having the MtL booklet translated into Zulu, Siswati & Xhosa in order that more rural children may benefit from the programme.

Year in & year out, I am absolutely amazed at the results that can be achieved by adding a simple 5 minute activity programme to the school day. My own class will not let a day go by without reminding me that we need to do "Move to Learn" & I believe that their joy in working through the programme is evidence enough that they know intrinsically just what it is that they require in order to grow into holistically developed human beings!

Thank you Barbara!

## Meanwhile, Back In Australia.....



Julia Dive is a long term associate of Move to Learn - a dynamic, visionary woman who has positively affected her community & has been a personal support to Barbara for many years. Those lucky enough to come to the seminar in Fiji in August will get to meet her in person & hear about her exciting vision to set up a centre to offer the Move to Learn program to her community - but for now, just a taste!

### From Julia:

Are you thinking of setting up a centre to provide Move to Learn to a greater number of kids (& adults)? I am imagining a centre where small groups of children come for about an hour a session, once a week & participate in Move to Learn exercises with some social skills & fine motor skills thrown in.

The activities are endless. The biggest challenges to overcome, I think, will be insurance, pricing & suitable premise. But I am not going to let that slow me down too much! How are you going about it? Or how have you done it? Let's not all reinvent the wheel. I am looking forward to sharing some ideas at the seminar in Fiji.

Julia Dive

## And Don't Forget!!

**Move to Learn in WA Seminar in Perth! Its coming up very shortly.. On the 27th & 28th June 2008.**

If you are in WA or in another state, you do not want to miss this seminar! Book today!

This seminar is for Teachers, Education Assistants, Professionals, Parents & anyone who wants to help children reach their potential & overcome learning difficulties.

See our [website](#) for a registration form.

For more information contact:

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or

Winsome – [winray@bigpond.com](mailto:winray@bigpond.com)

Phone 08 92504285 or mob 0448 504 285



## Something New!

Sam Englebrect, a school counsellor who is working to introduce the Move to learn program to her schools & contacts, is another precious contact of ours & she has come up with an interesting idea that we'd like to bring to your attention - a unique tool for teaching kids lace tying.

From Sam:

"The story behind the shoelaces begins at home. I developed them for my daughter, Sarah, when she was 4 years old. Lace tying was so frustrating & stressful for her. I could see that she was struggling & avoiding it. In some ways it was affecting what she thought of her ability to learn & therefore herself. It also highlighted that we each learn differently. Yet one of the teaching goals of her then Prep class was that the children learn lace tying. We were ever so patient & did not push the issue. I was determined to find out what I could do to help my daughter, not necessarily to tie her lace but to help her believe she could achieve. This was not about the lace tying for me anymore.

## Continued...

One day, (sounds like a fairy tale!), I asked Sarah to show me how she tied her laces so I could just watch. After a little encouragement she tried for me & became frustrated & upset. It was then that I realised the problem & knew exactly what would help. She couldn't "see" which bits went where! It involved abstract thought & she was only 4yo. So I made up a coloured prototype & showed Sarah her special lace. She instantly gravitated towards the colours & within 2 attempts had mastered shoelace tying! The most precious part of the whole story was the priceless look of delight on her face & the shine in her eyes. I had found a way to help her reach her potential & release her ability, intelligence & giftedness. Her self-esteem soared to amazing heights & she showed everyone how to tie shoe laces!

We then believed as a family we should develop this "special lace" to help every child realise their "special abilities" because each child is special & has potential: we just have to learn what they need to help them release their giftings & intelligence. The lace is just one example of this."

EZI-LACE-UPS EZI-LACE-UPS EZI-LACE-UPS EZI-LACE-UPS EZI-LACE-UPS EZI-LACE-UPS EZI-LACE-UPS

### EZI-LACE-UPS™ are divided into 3 colours:

- The central colour is the threading guide. Its' purpose is to ensure that children can see at a glance when the lace is centred evenly and can continue to criss-cross the lace knowing it will remain even.
- The lace ends are designed to have 2 distinctly different colours, so that they operate as the visual aids when instructing. It is this breakdown of colour which eliminates confusion over "which bits go where?" associated with conventional laces. Simplifying an abstract task for children whose developmental stage or thinking is concrete operational.
- The final feature of the design caters to people who are colour blind. This is achieved by having only one length of the lace labelled. It creates the distinctive difference between the lace ends, which might otherwise not be distinctive if left to colour alone.
- The lace is created for direct use in children's shoes, so learning takes place from their perspective, rather than an external device such as a lace up board.

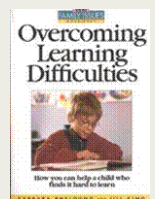
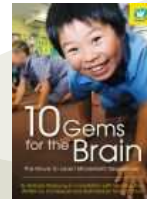
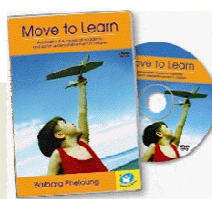
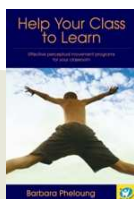


If you are interested please contact Sam on either mobile: 0403 789 587 or email: [concept31@smartchat.net.au](mailto:concept31@smartchat.net.au)

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## Until Next Month, Keep on Rolling!

From The Move to Learn Team  
Barbara, Jini, Stacey, Rick & Nikki



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