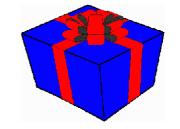


# **Greetings from Chilly Sydney!**

We trust you're all enjoying winter, (Summer for you northern hemisphere habitants), and have only a few short notes & news items to share.

## Firstly, A gift!

For any of you who purchased a copy of the *first* edition of *Ten Gems for the Brain*, and have also purchased a licence to print out multiple copies of the booklet, (or would like to), we'd like to offer you a FREE UPGRADE to the revised second edition.



Just let me know here in the office and I'll email you a free copy of the revised second edition of Ten Gems for the Brain.

## Secondly, an update from Belinda Flynn!



# My first workshop!!!

On April 29 I ran my first ever workshop under my business name of "Kids In Tune". The bulk of the workshop was Move To Learn and the theme was "Ready For School".

I presented my workshop to 15 pre-school teachers in the Coffs Harbour area and it was heaps of fun. The workshop combined theory with a lot of fun movement, which helped

#### Cont:

to keep the teachers awake, as the 3 hour workshop began at 6.30pm after a full days work.



We began with some fun warm-ups including some clapping rhythms to Peas Porridge Hot and then moved on to learning about the

importance of good nutrition and the role of food additives on behavior and learning. We also learnt about the value of a fully integrated sensory system and learnt how it felt to have learning difficulties. The development of the brain, neonatal reflexes and the problems associated when they are retained was looked at in more detail.



The importance of referring on to the correct specialist for those with more complex problems was reinforced throughout the workshop.



I am pleased to say that every one of the teachers got down on the floor and tried out the Move To Learn sequences, an extremely valuable part of the learning process.





There was lots of laughter as some struggled more than others to accomplish the correct movements and rhythm.

We finished off the night relaxing to The Enchanted Forest from The Imagination Gym series of audio programs for children. This was a beautiful way to finish after what was a very long day for the

participants.



### Well done Belinda!!!

### Finally, an update on accreditation:

We've had our first few applications in and have received lots of great feedback!

Congratulations to those who have already passed the exam!!

One thing we'd like to reiterate, however, is that there is no pressure to get certified. Certification is simply another tool that we are offering for those who feel it would be helpful for their businesses.

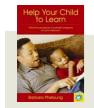
Certification *does* involve the necessity to hold business insurance, and we have no say in that, it's a condition by our insurers, but we understand that this will be an extra expense that some of you won't want to take on board.

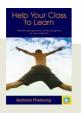
Again, please don't feel any pressure to pursue certification.

If you have any questions or suggestions, including where to purchase cheaper insurance, please don't hesitate to contact us in the office.

## Until Next Month, Keep on Rolling!

From The Move to Learn Team





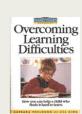












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