



enabling every
child to learn



► OUR VISION IS TO ENABLE
EVERY CHILD TO LEARN TO
HIS OR HER FULL POTENTIAL



► OUR MISSION IS TO MAKE
THE *MOVE TO LEARN*
MOVEMENT SEQUENCES
AVAILABLE TO EVERY CHILD
IN EVERY CLASSROOM

○ SEPTEMBER

○ Missile

○ 2011

Missile *e-mail*

First up:

we'd like to share some feedback from Bellevue Heights Primary School, who have been using the Move to Learn Program as part of their NAP (New Arrivals Program).

The following article was published in the July 2011 edition of SERUpdate, Volume 21 No2, and is re-printed here with the permission of the Principal of Bellevue Heights Primary School.

Something in the way we move - The Move to Learn Program at Bellevue Heights Primary School

By Paul Hills, SSO Special Needs & Birgit Lucas, Senior Leader New Arrival Program at Bellevue Heights Primary School

Move To Learn is a program created by teacher Barbara Pheloung and associates. It is a simple and sequenced movement program which follows the stages of human development in the preschool years.

Barbara explains that the way we develop as babies generally follows stages and an ordered sequence. The correct order is important in a child's development and so too is a sufficient length of time. For example, to copy from the board a child needs to have crawled properly for six months and learned to focus from the floor to the distance. Rolling, rocking and crawling all help develop brain integration. Moving and learning go together. Children who have missed, or partly missed, stages often seem to struggle academically and patterns of immaturity in those struggling are evident. These children have problems with what the brain does with messages it receives. It appears that they do not receive accurate information about the world. It takes a variety of professionals working together to support children with learning difficulties.

Bellevue Heights Primary School has a NAP (New Arrivals Program), and some of the children are refugees. It was noticed that some children are simply not ready to learn, are unable to concentrate and some had post traumatic stress, behaviour and social issues. One student in particular had on going trauma issues and would have uncontrolled outbursts.

Staff all participated in the Strategies for Managing Abuse Related Trauma (SMART) training and so were aware of the affects of displacement, attachment issues, trauma and grief. We were looking to help prepare these students for learning, and to improve their short term memory and their ability to concentrate. Due to their environment and personal circumstances some refugee children miss or partly miss early stages of development and have not enjoyed positive, trusting relationships. Some have never been to school and haven't had the experience and practice with writing letters and numbers, and don't know right and left directions. Opportunities to play with balls and puzzles; use swings and play equipment, cut and colour and develop language and grammar may have been minimal or non-existent.

The Move To Learn program was first tried with a small selected group of refugee children who had been at our school for some time, whose progress had been very slow and particularly whose short term memory seemed very immature. It was easy to implement the program as no equipment is required, and the space was made available. Training was completed through reading and a DVD. Anecdotally teachers enthusiastically commented on student improvement: in self confidence, friendships, coordination, writing and reading levels. The SSO also reported improvements in behaviour, coordination, concentration, listening and working together as a team. He has received positive feedback from both staff and students.

There are now 2 -3 groups per term, three times week, 30 minutes a session. The group size is eight to ten students and it now includes students from NAP and mainstream. These are students with learning difficulties, children who have completed the early years co-ordination program but still need more, students on NEPs and students who have been referred to the schools LST (Learning Support Team). The children learn the nine steps, which generally takes about a month. This requires careful listening, following instructions and real focus to hold the positions. It also promotes a sense of personal space. Three SSOs (School Service Officers) /BSSOS (Bilingual School Service Officers) have now been "trained" and all teachers have been given information about the program and its benefits. One teacher was very pleased with the benefits for her students and so incorporated aspects of the program in her daily fitness and morning "wake-up" session.

One of the most rewarding aspects of the program has been seeing the calming affect it has had on the children, particularly those who may still be in a state of hyper-arousal or anxiety. They seem to sense themselves that the movements are benefiting them.

Many thanks to Bellevue Heights Primary School for sharing this. We'd love to hear from any other schools who are implementing the program as well. We often get inquiries from new schools considering implementing the program who would like feedback from other schools who already have. It's always an encouragement and a help to hear from those who have gone before.

ملف الاختبار التفاعلي المجاني لصعوبات التعلم NEWSFLASH!!!

After inquiry from the King Saud University in Saudi Arabia, we have been developing an Arabic version of our LD Profile test!! We are almost ready to make it available.

Watch the website for the latest developments!

And Don't Forget!!!

MOVE TO LEARN Training

8th and 9th October (last weekend of the school holidays)

Smart Brain/Smart Body

Upstairs above the Commonwealth Bank

Carp Street, Bega, NSW

Saturday 10 am til 5pm.

Saturday evening Dinner

Sunday 10 am til 3 pm

Presented by **Julia Dive**

Participants will gain knowledge and experience of the Move to Learn Program, background and extension information, how to facilitate the program in your school, preschool or community setting as well as fabulous information from our guest speakers.

Great networking opportunity!



Guest Speakers Include:

Naturopath: Sue Lunney - Nutrition, Brain Development, Sleep,

Osteopath: Shelli MacGregor - Identifying children with structural problems

Behavioural Optometrist: Carol Bartlett - Visual Processing exercises.

Whether you are a seasoned Move to Learner or new to the concept this is the weekend for you.

Cost: \$320 - which includes lunches and morning and afternoon teas!

Registration essential

Contact Julia Dive sb-sb@dodo.com.au for a registration form and more details.

Don't Miss Out!!!

Want to become a Move to Learn Certified Practitioner?

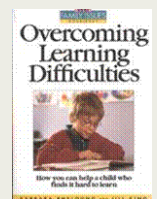
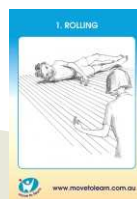
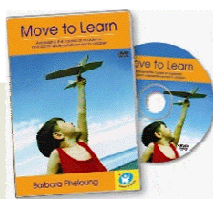
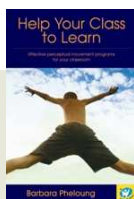
Julia will also be conducting an assessment seminar at this time for those wishing to become Move to Learn Certified Practitioners.

Your assessment won't cost any more, even though you'll get three days instead of two! (7th, 8th & 9th October, 2011)

To register interest or for more details, please contact Jini in the office.

info@movetolearn.com.au

Until next month, keep on rolling!



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