

# THE FIFTH MISSILE

## The Last of the 'Hard' ones

March 2005

This will be the last copy of our Missile sent by hard copy to those who don't have email addresses because it is becoming too expensive to print and mail them.

Please feel free to forward an email address to us at [info@movetolearn.com.au](mailto:info@movetolearn.com.au) or print your own hard copy from our NEW!!! Move to Learn Web Site. [www.movetolearn.com.au](http://www.movetolearn.com.au)

The great feedback that has come from these Missiles has shown us the concern that so many of you have for your family/students/friends. It is good to see that we are joining together to fight the war against LD ignorance. Thank you so much for taking the time to contact us. Someone has just suggested that we should have an online "Chat Room" to promote sharing of ideas. We'll see what we can do.



Barbara Pheloung

## THREE COURSES COMING UP IN SYDNEY...

To train you how to use movement with your students.

### HANDLE

"Get a HANDLE on Neurodevelopmental Disorders"  
Saturday and Sunday, April 2nd & 3rd, 2005  
9:00 a.m. to 4:30 p.m. daily. North Ryde 2113  
Phone: 9807 2999 Email: [info@learningcreations.com](mailto:info@learningcreations.com)  
[www.handle.org](http://www.handle.org)

### Learning Connections

Friday 6th May 2.00pm - 7.00pm  
Saturday 7th May 8.30am-4.30pm. Wahroonga.  
Phone 07 3369 1011 [www.learningconnections.com](http://www.learningconnections.com)

### Move To Learn

Move To Learn In-Depth Seminar  
Mon 30<sup>th</sup> May to Fri 3<sup>rd</sup> June 2005 At Manly.  
[www.movetolearn.com.au](http://www.movetolearn.com.au)

## MOVE TO LEARN SEMINAR JUNE 2005

The emphasis for this seminar will be on learning how to introduce the Move To Learn program into the classroom.

- Learning the sequences ourselves (wear slacks)
- The classroom is already very busy- ways to convince teachers that having a concentrating classroom will actually save time.
- Culmination-visit a school to watch it's Move To Learn program.
- Various professionals will be speaking about;
  - Occupational Therapy-its essential role
  - Doctor-Chemical imbalance & food intolerance
  - Osteopathy-how does the structure of the body affect learning? - What to do.
  - Sound Therapy- the importance of auditory processing & 4 different kinds available, "is one better than the others for my student?"
  - Primitive Reflexes - Explained, assessed & how to deal with them
  - Behavioural optometry - the close connection between eye and ears.
- The seminar is for those professionals/teachers/parents who have already studied the three Move To Learn books *Help Your Child To Learn*, *Help Your Class To Learn*, *Overcoming Learning Difficulties* and also have used the Movement Sequences in the film, to help their child or their class/group.

- Strictly Limited to 10-12 people to enable sharing and informal discussion. This seminar will you give you greater confidence to go back to your school/ community/home and be a resource for them.

For more information see our NEW website, [www.movetolearn.com.au](http://www.movetolearn.com.au) If you have funding difficulties please ring Move To Learn at (02) 9907 7048. Cost; 5 day seminar \$990 incl. GST. Lunches and handouts provided.

## SYDNEY MORNING HERALD

**Congratulations** to the Weekend Edition of the Sydney Morning Herald for their articles on Saturday March 12-13, 2005.

What a wonderful confirmation of the horrific confusion that awaits anyone who discovers or finally admits that their own child is struggling unhappily at school. But the pictures were good. At least they hinted at simple fun things that can be done by anyone anywhere. (1) "A child swinging on his stomach (helping the vestibular system which sorts out messages to the brain). (2) "A mum playing wheel barrow with her boy (primitive reflexes, strengthening shoulder muscles and handwriting).

## HOW DO NORMAL BABIES AND TODDLERS DEVELOP?

You can purchase the exceptional set of videos produced by Dr. Mary Lou Sheil and her sister Marg Sasse. "Importance of being an Infant"

"Importance of being 1"

"Importance of being 2"

"Importance of being 3"

"Importance of being 4"

You can order these through Toddler Kinder Gymparoo 03 9817 3544, [www.gymparoo.com.au](http://www.gymparoo.com.au).

## RESEARCH!!!

Dr. Christine Chapparo, a senior lecturer in Occupational Therapy at the University of Sydney has run a project "Integrated Therapy Program for Language Impaired Children in Public Schools" for 2 school terms in 2004. This was funded by Move to Learn and its purpose was to measure the results achieved in an integrated school based therapy program as measured by academic performance, gross and fine motor performance and perception. Results will go on the NEW web site.

## Continued... from the fourth Missile, "Testimony of a teacher"

Third and last part of Margaret Greville's report from W.A.

*It was three months before the first class started, the beginning of Term Three. I had asked teachers to give me the names of any Year Eight students whom they felt were under achieving, were not chronic truants, and were not nasty behaviour problems. (Some kids are so badly damaged that they can't be changed in our system.) From 40 names (out of a cohort of 300) I selected 20 students for the first CLP (Commonwealth Literacy Program) class. The students met for eight hours each week, during their timetabled English and Maths periods. I attended every lesson together with a second year out English teacher (for four of the lessons) and an experienced Maths teacher for the other four sessions. Everything took place in one large classroom, which for much of the time must have looked like chaotic bedlam.*

*Five CLP classes have run at the school, each class lasting for twenty weeks. We now use a separate classroom for the movement program as the kids get quite noisy at times. The original program changes a little with every group, but basically it follows the same format of:*

- ✦ *21 Year 8 students who have learning problems, their teachers believe that they are underachieving, and they are not chronic truants.*
- ✦ *2 teachers attend every lesson.*
- ✦ *The program runs for 20 weeks.*
- ✦ *All students have their sight and hearing tested by the school nurse at the beginning of the program.*
- ✦ *The group is divided into three teams of seven students each. Each team must be same sexed. (Teenage girls will not roll around on the floor if a boy can see them.)*
- ✦ *The program is divided into three parts - movement, computer skills and games, and class work consisting of "catch up" (ie Primary level) work and parts of the normal Year Eight Maths and English Program. Each 1 hour lesson is divided into two parts, and the students rotate through the three activities every one and a half lessons.*

A FEW COMMENTS; Deciding exactly what to say about CLP classes is difficult. First, they work. The kids love being in them and so do their parents and teachers. We survey the kids, parents and teachers at the end of the 20 weeks. Everyone reports changes - calmer behaviour at home and in class, neater hand writing, can actually read their work, nicer to live with at home, sleeps through the night, volunteers to put out the rubbish bin!

doesn't fight with his brothers and sisters, school results have improved, doing better at sport on the weekend, and so the list goes on.

When we ran the first class I didn't tell teachers what we were doing in case it all failed and I had wasted a lot of school money, but I was constantly being asked by other teachers, "What have you done to that kid? He's changed!" (Comments like that certainly made up for all the broken nights worrying about what we were doing.)

Some students improved during the program, others showed improvement during the following Semester but everyone did improve their school results in the months following the course.

## THE FOUR MINUTE MILE - A CHANGE IN MINDSET

You have heard of Roger Bannister breaking the four minute mile. Before that, no one had ever run a mile's race in under 4 minutes. But after, it happened successively several times. Why? His success changed the belief system or mindset of the world. No longer did mankind believe it was impossible. The same change happened when a man first managed to fly in the air. All of a sudden we knew that flight was possible and pilots from different parts of the world began following the birds.

The mindset about learning difficulties has also changed. We have already conquered our 4 minute mile and time and time again we see and hear how someone with autism has been released to a normal life or someone with LD has had their life turned around and they actually love learning. For probably as long as man has been holding a pen or a quill the belief system of the world has been that some people just couldn't learn. Now we know that non readers are not stupid and we are hearing this from remote parts of the world simultaneously. As I travelled around Australia and New Zealand promoting my first book I was astounded at finding a number of isolated pockets of teachers and parents who were trying various forms of movement to facilitate good academic learning. No one knew about the other groups but somehow the mindset of the world had become, "we can cure these kids; they don't have to find a way around learning difficulties anymore."

What an exciting time this is!

'Till next time! Take care!

*Barbara Pheloung*

For more information on books, DVD's and other material please visit our website: [www.movetolearn.com.au](http://www.movetolearn.com.au)

