



Sami Mowbray is our contact for the north coast of NSW.

She is currently touching the lives of around 500 children in and around the Coffs Harbour/mid-north Coast NSW region.

She brings to them a stimulating, vibrant movement program and gains daily inspiration from the progression, excitement and success of the wonderful children she works with (6 mths to 13 yrs).

Sami conducts the Move to Learn program in schools, preschools and in a gymnastics centre. She is eager to share her enthusiasm of how the Move to Learn program can help not only children with learning difficulties, but if incorporated in the preschool years, can prevent possible learning delays and prepare the child for school and later years.