



enabling every child to learn



▶ OUR VISION IS TO ENABLE EVERY CHILD TO LEARN TO HIS OR HER FULL POTENTIAL

○ May

○ Missile

○ 2007



▶ OUR MISSION IS TO MAKE THE MOVE TO LEARN MOVEMENT SEQUENCES AVAILABLE TO EVERY CHILD IN EVERY CLASSROOM

# Missile e-mail

*Hello to our VIP's!*



**NEW!!**

## 2007 Move to Learn Research

Our 2007 Move to Learn Research has commenced! 3 weeks ago our amazing teachers started doing part 1 of the testing, & scheduled teachers started doing the movement program! They were all very excited & couldn't wait to get started with their classrooms.

47 teachers & about 950 students are taking part this year! What an effort!

### Move to Learn In WA



Our 2006 Move to Learn graduates are already putting into practice what they have learned & are about to run the first Move to Learn Seminar in Western Australia! Congratulations ladies! Winsome Richards, Wendy Pittendrigh & Davina Fraser are running the seminar & they have 71 registrations on Friday which include speakers & organizers plus 67 registrations Saturday! It's running over Friday & Saturday, 11th -12th May. This seminar is for teachers, parents, professionals & anyone that is interested in helping LD kids & adults.

Julia Dive is another one of our gems! She is a graduate of the 2006 Move to Learn seminar. Julia is going to be running a seminar towards the end of the year in the South Coast of NSW. If you would like more information you can email Julia on: [jnrdiv@bigfoot.com](mailto:jnrdiv@bigfoot.com)

Adele Suda, a truly fantastic lady, will be running seminars in QLD regularly. For details on her seminars see the seminars page on our website.

See our website for more upcoming Seminars [www.movetolearn.com.au](http://www.movetolearn.com.au)



## Dr. Carl Delacato

The news has recently come to us of the death of Dr. Carl H. Delacato who was Associate Director of the Institutes for the Achievement of Human Potential in Philadelphia, USA. He worked for years with brain-injured children & was one of the pioneers that influenced my work enormously. Early in my search for answers I read his book, *The Ultimate Stranger* which opened my eyes to the neurological malfunctioning nature of autism. We owe him a huge debt of gratitude for his ground-breaking work & the time he took to share it in his books.

# How Long Do We Do Each Of The Sequenced Movements?

This is one of our most Frequently Asked Questions. It is explained in detail in School Floors but we will simplify it here. We will discuss the first movement, **rolling**.

1. The group is paired into 'buddies' & goes to the allocated space on the floor. If there is only one student then s/he pairs with the teacher/parent.
2. The rolling segment of the DVD is shown, or one person demonstrates the rolling done perfectly. This is part of the way that the sequence is learned visually & the students can ask it to be shown more than once if they feel the need.
3. Then, one of the partners rolls for a few seconds & the other partner or buddy watches & makes encouraging comments. This is another way they visually learn the movements.
4. The buddies then reverse roles.
5. As the days go on the teacher will want to give more variety to prevent boredom by including 1 or 2 other sequences that have been done before or are yet to be fully learned. (This will be a good challenge for the more co-ordinated students)
6. The teacher's role, therefore, is to facilitate & not to verbally teach the movements. As each child's brain matures with daily practice at the level they are able & their eyes teach their muscles what to do they will eventually be able to roll as they should. The more they do it the better for everyone. The teacher, however, can offer additional challenges such as:
  - a. Roll while your eyes are closed.
  - b. Roll with your arms in a different position.
  - c. Say the alphabet while you are rolling.
  - d. As you roll tell your buddy what you did after school yesterday.
  - e. Count backwards, or by 2's, 3's etc
7. The teacher must never say that anyone is doing a movement wrong, or try to correct them. Comments must always be positive or they will immediately think they have failed yet again.
8. There will be a few students who may find it extremely difficult. Parents may need to be enlisted to help by seeing an appropriate doctor or physical therapist outlined in *Help Your Child to Learn* or doing extra practice at home.



## Rolling On Mattresses On The Floor Teach Babies How To Fall

One of the most important lessons a child needs to learn is how to fall safely, & this should be learned as early as possible to enable the child to explore & climb without fear. Such explorations form a vital prerequisite for learning.

Constantly warning a child to 'be careful' may often only make them fearful & unsure & they actually need to experience a number of small falls so that their muscles can learn how to protect them.

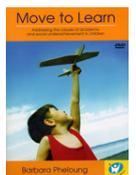
Rolling on mattresses which are on the floor is one way to give a baby experience of 'edges'. I have heard that a baby needs only to fall off a floor mattress once for his or her muscles to learn the warning signs of an edge. When their little bodies again tilt to a certain angle they know not to go any further. Try it yourself.

information on leaky guts, glue ears, vaccinations, breast feeding, dangers of antibiotics, etc, this book covers that & much more. One of the things I found interesting was the extremely high incidence of abnormal gut flora in many of the children we work with, & possibly even in their fathers.

This book is available through MINDD [www.mindd.org](http://www.mindd.org)

## The Videos Of Move to Learn

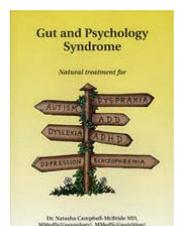
A few copies of the video are left (now that we are using mostly DVDs) & they are available for \$5.00 each plus postage, as long as they last. Call the office to order them. (02) 9907 7048



## A Recommended Book

### Gut & Psychology Syndrome By Dr. Natasha Campbell-McBride

Gut & Psychology Syndrome By Dr. Natasha Campbell-McBride is an excellent source of information about the importance of a healthy gut, & about how an unhealthy gut can affect the mind. If you would like good



information on leaky guts, glue ears, vaccinations, breast feeding, dangers of antibiotics, etc, this book covers that & much more. One of the things I found interesting was the extremely high incidence of abnormal gut flora in many of the children we work with, & possibly even in their fathers.

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## An Email From Susanne van Niekerk Little Learners Montessori, Durban, South Africa

"Last year (2006) we did the MTL programme every day in the school with all the kids (2.5 - 6 years). At the end of the year, we normally expect the older children to be working with 50-odd piece puzzles & be able to draw a decent body image (mostly still 'stick' like). Well by Dec 2006, we were running out of 100-piece puzzles (first time EVER) & the body images were all full figure & with immense detail..... You see - it CERTAINLY works!  
Needless to say - we continue unabated!"

## An Email From Rachel Fisher (QLD)

"I don't know if you remember me emailing you earlier in the year about me possibly speaking at an SCEE South Pacific (the schooling program I am involved in) Educators Conference. Well they have just confirmed that they want me to come & speak. The conference is in July. I will have 3 sessions. The first 1 hour session will be introduction & information about Move to Learn then the next two sessions will be ½ an hour of teaching the teachers to do the movements. Marie Susau is coming from Fiji. To talk about how the program is working in her school & she will help with teaching the movements. So it is all very exciting."  
\* Rachel Fisher & Marie Susau are both Graduates of the Move to Learn Seminar

## MINDD

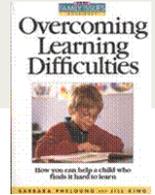
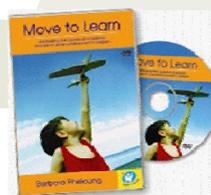
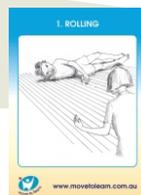
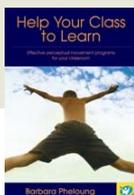
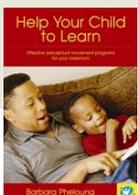
MINDD are holding an International Forum on Children, at the Australian Jockey Club in Sydney, NSW. Move to Learn will be exhibiting, so if you are thinking of attending or are already registered, make sure you pop over to our table & introduce yourself. This is going to be a very informative & beneficial forum. For more details see [www.mindd.org](http://www.mindd.org)

## Books For Third World Countries And/Or The Needy

We have a quantity of *Help your Child to Learn* & *Help your Class to Learn* books available from a previous printing. These books are identical to the current ones apart from the fact that they have a different cover. We're looking for people who have contacts in countries less fortunate than our own that would be interested in our books. We would be happy to give books to appropriate contacts if they would be willing to receive these books & be responsible for distribution & also for postage expenses. Please contact us at Move to Learn on either 02 9907 7048 or email [stacey@movetolearn.com.au](mailto:stacey@movetolearn.com.au)

*Until Next Time, Happy Rolling!*

## Barbara Pheloung & the Move to Learn Team



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