

I have finally set up the Head Office of Move to Learn in Suva, Fiji, & will be in residence here for at least the next 6 months, but things will move along exactly as before. My older daughter Jini, Stacie & Rick will hold down the office in Manly, & I can be contacted as usual by email.

Please keep us up to date with all your news. I get a great feeling when I hear of all the things going on. Our office is delightfully overburdened with the huge amount of interest in Move to Learn these days. Books & enquires are flowing out all over the world - to France, Thailand, Taiwan, Somaliland, Mozambique The Philippines, Malaysia, Argentina, Russia, Singapore & several African countries. We have been so excited by the growing international interest!

To increase ease of access for international buyers we are planning on making the books available on our site as Ebooks & also on translating some of the books into Mandarin. As well as that, we are working on a smaller booklet to specifically illustrate & explain the movement sequences for use in less technologically affluent areas where DVD players are not available. The booklet will be brief in words, (to allow for easy translation into local languages & dialects), & rich in illustrations.



On the home front, we were able to set up a table at the Mindd International Forum on Children 2007 that was held in Sydney this May which afforded us a wonderful opportunity to exchange ideas & network with others who are out there exploring & seeding into the fields of education & health. It was lovely to see some of you there!

Move to Learn will also put in a presence at the National Home Education Conferences which will be held in 11 Australian Cities over the next few months, but of most exciting interest is the **Move to Learn** seminar in **Perth**...



Winsome & Wendy

deserve a huge hug for the wonderful job they have done! It was a huge success. Winsome writes;

Dear Barbara & Stacey Praise the Lord!!!

I thought you would like to see our Friday group (well most of them)

We catered for 71 Friday which included speakers & organisers plus 67 Saturday. It was totally successful. We definitely needed another day to have as many presenters & practise the sequences for longer. All feedback has been extremely positive. It was wonderful seeing the teachers saying now we understand, "we need to get rid of the desks & get those children on the floor. (these were 2 literacy teachers with grade 4 children).

I asked Dot Stephen from Moorine rock to officially open our seminar. Dot was excellent as she explained about her family "inheritance" of learning difficulties.

Marg Greville delighted everyone & led the movement sequences the way she had with the high school students. There was lots of laughter. In her talk she mentioned about the results she had with 1 twin & 1 triplet & how they compared with their siblings after they had done the program. She has such a passion & was just so honest & easy to listen to when she spoke.

P.S we did do a lot of rolling but could have done more.











I have now finally retired to heaven on earth & am having the time of my life writing a couple more books - the one that keeps flowing from my pen is a book about the Fijian people in a series of short stories. My friends & I spend most of our time here laughing. And so there will be some of that fun in what I am writing. I'll keep you posted.







Book of the Month

I have been studying a marvellous book about hypo/ hyperthyroidism which seems to have the latest information on this subject. A really excellent book to read & study.

It Could be Your Thyroid by Dr. Peter Baratosy

Dr. Baratosy suggests that from his doctoring experience both Hypo & Hyperthyroidism is very common & "can cause mood changes, behaviour changes & cognitive changes" pg 8. The thing that disturbs me is that people can be diagnosed as hyperactive (especially adult women) when in actual fact they have a dysfunction of the thyroid. They can

therefore be given the wrong medication which could cause serious harm.

"Another group that develops Hypothyroidism in excessive numbers is sufferers of Down's Syndrome, where up to 1/3 can develop Hypothyroidism by the age of 25. ... Approximately 1 in 4,000 babies have a congenital thyroid, which is now diagnosed early with the Guthrie test." Pg 3

This gem can be found bought through the ACNEM (Australasian College of Nutritional & Environmental Medicine), for \$20.00. www.acnem.org

The Dynamic Of Move To Learn

Move to Learn does more than look at the whole child. It is one thing to have a child in front of you & to describe him/ her. For instance, "He's jiggling all over the place, can't sit still." That is an accurate statement all right but why is it relevant? What do you do about it? Why do you want to know that? Do you just repeatedly tell him to sit still, or can you do more?

This is the reason we have worked from our pyramid for many years. It has some limitations because it is

2-dimensioinal but it is still extremely useful in finding out where to start when beginning each student's therapy. See Help Your Class to Learn page 27 & School Floors page 28.

This means, therefore, that when we look at a child & see that s/he is hyperactive we then look to see not only why s/he is hyperactive but also what we need to do about it & how it affects his/her studies & social life.

This is what I mean by 'looking at the whole child'. When we look at neurological foundations, we need first to look at the bottom row so the whole structure won't wobble or even fall apart. This is the place where the Move to Learn sequences fit in. In my experience, almost every student



The Dynamic OF Move To Learn Continued...

who had academic or social difficulties was unable to do one or more of these basic movements. So learning anything above that step on the Pyramid would have proved to be stressful. For instance, if a child can't even roll correctly, (rolling in a straight line & knowing his/her body well enough to be able to roll, at will, with either the arm/shoulder leading or the hip/leg), then s/he won't be able to twist at the waist or cross the midline. By this we mean that these students will have to learn & practice crossing over the middle vertical line of their bodies so that both sides of the brain will begin to work together.

This is why I call the movement sequences a 'kick start' for learning. Sometimes these sequences are all that needs to be done to release the brain. Literally hundreds of times over the past 35 years I have seen children suddenly begin to talk fluently for the first time in their lives after 6 weeks of doing a specific trampoline program, & rolling for a month has resulted in huge improvement in many children's ability to comprehend. These sequences appear to radically release a child to learning readiness. In a sense, a reading, spelling or number work assessment done before the kick start sequences can be a waste of time - except to show students, parents & teachers the extent of the improvement.

There is no better way to look at a child than to see humans as organisms. Everything we do affects everything in our bodies. Every brain cell is attached/connected to every other brain cell. Billions of hook-ups! For example, I don't have too much grey hair for 2 reasons. Firstly, I selected a father who had very little grey hair when he died at 76 years of age - or hair loss either. Secondly, I have an adequate amount of copper in my body.

Until Next Time, Happy Rolling!



Mailing list unsubscribing information

You are receiving this newsletter because you are currently subscribed to our VIP mailing list. We will send emails approximately once a month to keep you informed about Move To Learn and our products.

If you want to unsubscribe from this mailing list, reply to with this message with the word "Remove" in the subject line or <u>click</u> <u>here</u> to unsubscribe.

Privacy Move To Learn will not sell or give your details to anyone.