



enabling every child to learn



▶ OUR VISION IS TO ENABLE EVERY CHILD TO LEARN TO HIS OR HER FULL POTENTIAL



▶ OUR MISSION IS TO MAKE THE MOVE TO LEARN MOVEMENT SEQUENCES AVAILABLE TO EVERY CHILD IN EVERY CLASSROOM

Missile *e-mail*



It's a boy!!



The day has finally arrived, and we would like to share the joy!

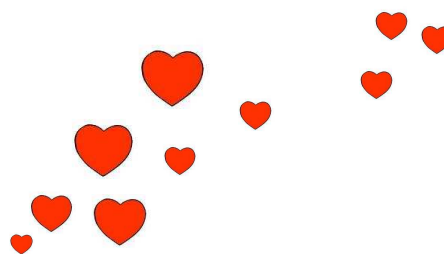
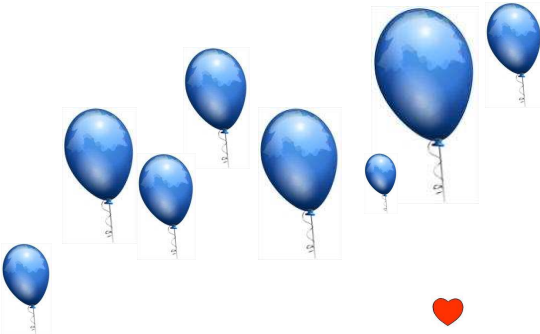
Stacey LaGreca, our multi talented PA, has given birth to a beautiful baby boy on the 6th of November at about 11.30 pm. She and her husband Nick have named him Carter Elisha.



Welcome to the world Carter Elisha LaGreca!



Stacey and Carter are both doing fine, and we wish Stacey & Nick all the very best as they navigate the wonderful world of parenting.



Libérer l'Intelligence par le Mouvement

And we have a second celebration, another birthing. After months of hard work, the French version of Ten Gems for the Brain, "Libérer l'Intelligence par le Mouvement", is finally up and running. It can now be purchased at Alexandre Emery's website:

<http://www.cabinetchiropratique.ch/boutique>

Thank You Alex!!!



Kumon Seminar

Recently we had the opportunity of meeting and sharing with a group of Kumon teachers at their annual conference which was held at the Edmund Rice Retreat Centre in Mulgoa, NSW.

Helen Thomson and Denise Jaram gave a well received presentation and soon had the teachers rolling on the floor (in spite of the presence of an uninvited guest—a snake!).



Helen Thomson



Barbara, Belinda Flynn, Caroline Smart and Jini came along for added support and we all thoroughly enjoyed the time apart to share with these talented and caring teachers, and with each other.

Belinda shared some encouraging stories about using Move to Learn in High Schools with the group, and Caroline 'womaned' the book table.

We're looking forward to working more closely with Kumon in the future!



Belinda Flynn & Denise



Caroline Smart

Many thanks to Helen, Denise, Belinda & Caroline!



NEWSFLASH: Upcoming seminar!

Move to Learn Information Weekend

for teachers, parents and care givers

9th and 10th January 2010
9am - 5pm Saturday, 10am - 3 pm Sunday.

Smart Brain/Smart Body Centre
Above the Commonwealth Bank, Bega

\$120 includes Morning/Afternoon Teas - BYO Lunch

This weekend will give you;

- background information,
- the chance to practice the exercises and
- improve your confidence to implement Move to Learn in your Home, School, Preschool, Family Day Care or Community setting.

Limited places available. For more details contact **Julia Dive**.

b-sb@dodo.com.au

Don't miss it!

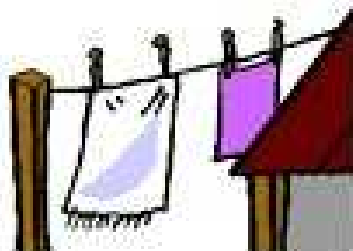
Housekeeping – Copyright issues

We've had a number of questions relating to the use of the booklet 'Ten Gems for the Brain'. It makes a wonderful handout at seminars or for teachers and therapists to give to parents – but is this OK?



Yes, it was designed to meet this purpose. We're delighted for any of you to make use of the booklet this way, but yes, it is **copyright material** and our continued existence depends upon the fees we receive from the sale of our publications.

If you would like to give parents, friends, colleagues or clients a copy of Ten Gems, (rather than just refer them to our website), we'd ask that you buy a license for multiple copies from the website (or by contacting us directly) and print up a good quality copy for them, preferably with some kind of simple binding.



You can buy 2-5 copies for \$30.00 or 6-10 copies for \$60.00. Basically, this way a copy will cost as little as \$6.00. A small amount, which you can cover in the cost of your seminar or lesson, but it all helps to keep us operational.

Thank you!

Feedback from Adele's Sydney Seminar:

Angela Palacio from the Philippines was able to join us for Adele's seminar. She and her husband flew in especially to meet us and benefit from Adele's fabulous teaching. We've just received word back from her, and we'd like to share it with you!



'I just want to give you a quick update of what has been going on with me since I attended the Move To Learn Seminar given by Adele. I learned so much from the seminar, not just the MTL exercises but a lot of info about learning difficulties.

As I mentioned before, I began doing the MTL exercises with my 5 year old son Jaime even before I attended the seminar. We started in August and he is now doing the crawling. He actually enjoys the flip-flops very much and calls them "flippy-floppies" :)

Moving both the left and right sides of his body at the same time was a big challenge in the beginning, but I must say that after a week, he was doing it quite smoothly. I must mention that he is doing the MTL exercises in conjunction with the Tomatis sound therapy and a twice a week ABA therapy.

His response in the therapies is great!

His coordination is much, much better, and he is now discovering the joy of dancing! (which he didn't like to do before). He is interacting more with his peers in quiet and active games. He is more tolerant of peers who are not according to him, "his friends" and is even initiating interaction with them sometimes. One of his favourite past times now is tracing and drawing with stencils, and he can work on 10 to 20 sheets at one sitting! This is definitely helping his grip and handwriting.

He is still a little slow in reading and still sometimes forgets to read the word from the first letter on the left but he is more willing to read. He is maintaining eye contact throughout a conversation and is as inquisitive as ever. I am so pleased and proud of what he has accomplished so far.

I am still reading Barbara's book on Overcoming Learning Difficulties which I must say is filled with a bounty of helpful learning activities. This November, I plan to begin the MTL exercises with our 4 and 5 year old students at our preschool, Toddlers Unlimited.

This will give us 5 months until the end of our school year. I'm sure we will notice big improvements in our students in different areas of development.

Toddlers Unlimited'



Cont:

'I am happy and thankful that not only was I able to learn about LD's and the MTL exercises first hand at Adele's seminar, but that I also had an opportunity to sit and discuss with Jini and Stacey and especially Barbara.

I have been working with preschool children for 20 years already and now I am ready to embark on a new challenge, that of helping children with learning difficulties.

Thank you very much for your kindness, and I wish your company more power!

Yours sincerely,
Angela Palacio
School Director'



Gems from the Fijian Seminar

This month we'd like to introduce you to another of the participants of the Fijian seminar, **Madi Simmons**, who is a Yoga teacher who attended along with her beautiful children. She ran a Yoga seminar at Daku immediately after our seminar, and shared some of her experience with us.



Madi Simmons

Here's what she had to say recently:

"Yoga and Move-to-Learn do compliment each other well. The poses and exercises stimulate both sides of the brain, as well as the entire body and all it's systems - circulatory, respiratory, nervous, lymphatic, digestive, endocrine, musculoskeletal, immune (and any others that I have forgotten!)

A very important aspect of yoga is that it teaches us to breathe properly, and to be aware of the body. Most people use only a third of their lung capacity as they go about their daily activities. Just a few minutes of yogic breathing can make us feel revitalised and alert.

Yoga is particularly useful in early childhood development, assisting children with body awareness, concentration and focus, and I have found it to be a wonderful way to build self confidence in children with disabilities and learning difficulties.

I am still teaching yoga and particularly enjoy teaching to children. Since the Fijian Seminar, I always include rolling, and some move-to-learn sequences (thanks to Barbara!) I also from time to time include some ribbon stick and tap stick work (thanks to Marlene!). I have found drumming (and percussion & body percussion) beneficial for bringing the group together to begin with - also a great way to calm hyped up boys.

If you would like to join me on a retreat - and help raise money for the Savusavu Special School - there are two happening in 2010, in Bali & Fiji. www.paradiseyoga.vpweb.com.au



My sponsored daughter is working as a teacher's aide at the Special School in Savusavu in Fiji.

Originally, Vandana worked mainly with Vono Vono, whom you may remember, and he has made wonderful progress.

Maria (Principal at Savusavu Special School) reports that Vandana has been a cheerful and willing helper with the children and has been teaching the older children to cook and grow vegetables. They manage a little stall at the front of the school.

Vandana is doing her Early Childhood teaching through the University of South Pacific.

My yoga business sponsors Vandana by paying her wage at the School, which in turn helps the whole school. If anyone would like to contribute, it would be very welcome!

The highlight of the seminar for me was meeting so many amazing people doing wonderful things to help children with learning difficulties. I would go again tomorrow, if you would like to host another seminar!



Vandana holding Kaya

Bye for now,
Madi, Jessie & Kaya "

Stacey, Barbara, Jini & Angela Palacio taken at the Move to Learn office during Angela's recent visit.



**Until Next Month,
Keep on Rolling!**

**From The Move to Learn Team
Barbara, Jini, Stacey, Rick, Manny & Nikki**



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